

HINCKLEY SCHOOL & SIXTH FORM PDC 7 YEAR JOURNEY — THEMATIC MODEL

	Living in and contributing to the wider world	Being a productive citizen	Living a safe and healthy lifestyle	PRIDE & 7 Year Journey	UNIFROG 
The Bridge	<p>Transition to Secondary school Transition to secondary school and personal safety in and outside school, including first aid</p> <p>Developing skills and aspirations Reflecting on skills, setting goals and student leadership</p>	<p>Everyone is equal Looking at diversity and Protected Characteristics and challenging prejudice</p> <p>Community and careers Team work and high aspirations</p>	<p>Personal health and safety Healthy routines, influences on health, puberty, self- worth and unwanted contact</p> <p>Identity and types of relationship Identity and different types of relationships</p>	<p>We are curious about life and learning. We build new relationships with our peers, teachers and community.</p> <p>We are philosophers, keen to learn and experience new things.</p>	<ol style="list-style-type: none"> Careers library treasure hunt – 1 What are skills? Interests profile Recording activities What's your dream job?
The Gateway	<p>Media literacy and digital resilience Looking at internet risks and opportunities and setting boundaries -managing social media</p> <p>Financial choices Managing finances and financial exploitation</p>	<p>Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia -Bullying or banter?</p> <p>What shall I be? Exploration of different careers</p>	<p>Drugs and alcohol misuse Alcohol, tobacco and drug misuse and pressures relating to this</p> <p>Building healthy relationships Building and managing healthy relationships and consent and equality within relationships</p>	<p>We are skilled communicators who welcome academic challenge.</p> <p>We are proactive citizens in our communities, and show empathy to others.</p>	<ol style="list-style-type: none"> What does success mean to you? Career terminology Careers library treasure hunt 2 GCSEs – Choices, Choices Activities and competencies bingo
Year 9 HUB	<p>Choices and pathways Thinking about future careers and pathways</p> <p>Employment rights and responsibilities Employability and on-line presence</p> <p>Mock Interviews</p>	<p>Politics in Britain What is democracy? Year 9 student council</p> <p>Setting goals for success Getting ready for GCSEs – Strengths and areas for development</p>	<p>Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p> <p>Red Box – contraception</p> <p>Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid (St John's Ambulance modules – practical demonstrations)</p>	<p>We are ambitious and make aspirational choices for our future.</p> <p>We are leaders in our learning and community.</p>	<ol style="list-style-type: none"> What makes a great leader? Talking about your activities Subjects library treasure hunt Wellbeing - Being kind to yourself Identifying interests Your skills, your team, your future

Year 10 HUB	<p>Preparation for work experience Preparing for the world of work</p> <p>Global world of work Split the PD & C Sessions: Session 1: Unifrog based work. Session 2: Classroom session Looking at global opportunities for work.</p>	<p>Addressing extremism and radicalism Looking at community and belonging and challenging extremism</p> <p>Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p>Emotional well-being Managing a healthy lifestyle and how to deal with stress</p> <p>Relationships & Consent. Social influences Looking at positive and negative influences of peers and how to be a good role model. Looking at when young people are at risk</p>	<p>We are aspirational and specialise in subjects that ignite our passions.</p> <p>We are proactive in taking responsibility for our learning community</p>	<ol style="list-style-type: none"> 1. Personality profile 2. How to research possible placements 3. How to contact employers 4. Careers library treasure hunt - 4 5. CVs and cover letters 6. What makes a great team player? 7. Unifrog Escape room
Year 11 HUB	<p>Further education and work Looking at choices and making decisions about the future.</p> <p>Developing a personal statement and looking at application processes</p> <p>Professional conduct in the workplace How to present yourself professionally</p>	<p>Contributing to society What can young people do to contribute to society?</p> <p>Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p>Relationships and sex expectations Looking at the role of stable committed relationships and the role of pleasure in intimate relationships. Also looking at when relationships go wrong and abusive relationships</p> <p>Families and parenting Exploring the importance of parenting skills and family life. Looking at contraception, including emergency contraception.</p> <p>Also looking at unwanted pregnancy</p>	<p>We are reflective learners in pursuit of excellence.</p> <p>We are inspirational role models in school and our wider community.</p>	<ol style="list-style-type: none"> 1. Busting BTEC myths 2. A level choices 3. Introduction to apprenticeships 4. Wellbeing - Recognising stress and anxiety 5. Revision techniques - Good vs bad 6. Writing personal statements 7. Coping with changes: Leaving secondary school
Year 12	<p>Mental health and emotional wellbeing</p> <ul style="list-style-type: none"> • Mental health and emotional wellbeing • Managing stress • Body image • Healthy coping strategies <p>Health choices and safety</p> <ul style="list-style-type: none"> • Independence and keeping safe • Travel • First aid • The impact of substance use 	<p>Readiness for work</p> <ul style="list-style-type: none"> • Career opportunities • Preparing for the world of work <p>Planning for the future</p> <ul style="list-style-type: none"> • Exploring future opportunities • Post-18 options • The impact of financial decisions <p>Next steps</p> <ul style="list-style-type: none"> • Application processes • Future opportunities and career development • Maintaining a positive professional identity • Political awareness 	<p>Diversity and inclusion</p> <ul style="list-style-type: none"> • Living in a diverse society • Challenging prejudice and discrimination <p>Respectful relationships</p> <ul style="list-style-type: none"> • Consent • Assertive communication • Positive relationships and recognising abuse • Strategies for managing dangerous situations or relationships 	<p>We are ready to meet the challenge of further study to build our future pathway and are advocates for our chosen specialisms.</p> <p>We are agents of change primed to contribute positively to the global, national and local community. We lead with moral purpose, integrity and conviction.</p>	<ol style="list-style-type: none"> 1. Post 18 - Choices, choices 2. Student year plan: Goal setting 3. Student year plan: Geeking out 4. Apprenticeships - finding the best fit 5. Acing your Personal Statement 6. Discovering MOOCs

Year 13	<p>Independence</p> <ul style="list-style-type: none"> • Responsible health choices • Managing change • Health and wellbeing, including sexual health, into adulthood 	<p>Intimate relationships</p> <ul style="list-style-type: none"> • Personal values, including in relation to contraception and sexual health • Fertility • Pregnancy 	<p>Building and maintaining relationships</p> <ul style="list-style-type: none"> • New friendships and relationships, including in the workplace • Personal safety • Intimacy • Conflict resolution • Relationship changes 		<ol style="list-style-type: none"> 1. Applications list 2. Assessment centres 3. Wellbeing - Managing stress and anxiety
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